



The Habit of Dhuha Prayer in Forming Children Character

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ABSTRACT

The aim of this research is to find out the relationship between Duha prayers and the formation of children's character, as well as to see how to carry out Duha prayers and see children's ability to memorize through Duha prayer habituation activities. This habituation method is based on experience, because what gets used to is something that is practiced. This type of research is a type of qualitative field research, namely research based on field data related to the research topic. Qualitative research method, the type used in this research is descriptive qualitative. Data collection techniques use observation, interviews, documentation. Every day, before the teaching and learning process begins, dhuha prayers are performed at the Abu Bakar Mosque belonging to the Ainul Falah Islamic Boarding School. The cottage is next to the madrasa and closer to MI Ma'arif NU 5 Sumbergede than to the mosque belonging to the madrasa foundation. in the morning, precisely at 07.00 WIB until finished. Implementation of Dhuha prayers in congregation to optimize the quality and quantity of religious aspects as well as the practice of speaking loudly. The results of this research shows that according to the spiritual intelligence of class IV students of Mi Ma'arif Nu 5 Sumbergede, with the dhuha prayer routine they form individuals who are Istiqomah, which means they are always active and enthusiastic. Trustworthy, which means they always carry out tasks at home happily. Honest means they don't lie to their parents. Discipline means they are always on time, have the habit of obeying rules and regulations. Responsibility means carrying out one's duties and obligations. Patience means being able to wait your turn and queue in an orderly manner. Tolerance means respecting differences of opinion.

Keywords: *Habituation Duha Prayer, Education Character*

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INTRODUCTION

The task of educators is to educate students in a better direction, starting from small things to big things that are very beneficial for the intelligence and character of the students. One of them is by inviting students to perform the dhuha prayer at the specified time. Prayer is a secret call that welcomes each other between Allah and his servants. The dhuha prayer is performed in the morning. It starts when the sun begins to rise a little or after sunrise (07.00) until before midday when the sun has not yet risen to its mid-mid position. Students and teaching staff can perform the Dhuha prayer at the beginning before learning. Pray and ask for His help so that you can work and study optimally. In this way, the transfer of knowledge from educators to students will be more optimal and better absorbed by the students. The implementation of the duha

prayer is carried out in mosques around schools, with the application of prayer, 2 methods, namely the congregational method to teach children to be humble in worship and the practical method to train children to read the prayer readings while performing the prayer service as well as to quickly memorize the prayer readings. The influence of prayer, especially the dhuha prayer, which is done regularly will bring about extraordinary changes in the development of a child's character.

Researchers took this title because it was inspired by school *At MI Ma'arif NU 05 Sumbergede, Sekampung District, East Lampung Regency* and want to know how it started interested in the habit of Duha prayer which was finally implemented in the school and was very consistent in being implemented from a long time ago, so that finally the researcher implemented the Duha prayer activity in teaching activities at the school. *Ma'arif Al-Hidayah Giriklopomulyo Kindergarten*.

The researcher was very interested in this habit to find out the motivation of the initial teacher council in forming this routine because they saw all the children of MI Ma'arif NU 05 Sumbergede from grades 1-6 flocking to perform the Duha prayer with joyful faces without any coercion from them. starting from performing ablution until closing with prayer together, however the researcher only focused on 1 class, namely class IV, to determine the development of children's character\.

With all the obstacles and rejection that may occur at a child's age in carrying out the habit of duha prayer, because each child has a different character, researchers want to know a lot about the process by which children are able to be istiqomah in participating in duha prayer activities at school.

Based on the observation results, it turns out that the problem that was obtained was the relationship between Dhuha prayer in the formation of children's character as well as seeing children's ability to memorize. Based on the description above, the researcher wants to investigate further about *THE HABIT OF DHUHA PRAYER IN FORMING CHILDREN'S CHARACTER (Case Study in Class IV MI Ma'arif NU 05 Sumbergede Kec. Sekampung, East Lam Pung Regency)*

METHOD

This type of research is a type of qualitative field research (*field research*), namely research based on field data related to the research topic. Field work is a central activity by going directly into the field to make direct and personal contact with people in a program in their environment. This approach emphasizes the importance of understanding the meaning of human behavior and the socio-cultural context of social interactions as well as understanding in detail about the life program everyday. (Michael Quinn Patton, *Qualitative Evaluation Method*, II (Yogyakarta: Student Library, 2009)) The method used by the author is a method of describing in the form of words and language using a special natural context and by utilizing various natural objects.

According to Creswell (2008), Qualitative research methods defined as a method or search for exploring or understanding a central phenomenon. This qualitative method treats participants truly as subjects and not objects. Based on the research design module (2019) released by Ristekdikti, qualitative research can be understood as a research procedure using descriptive data, carried out in the form of written or spoken words from the people and actors being observed. Qualitative methods have actually only been known since the 1960s, however Qualitative Anthropology and Sociology have used qualitative approaches for a long time. (Dr Conny R Semiawan) Qualitative research is conducted to explain and analyze

phenomena, events, social dynamics, beliefs, attitudes and perceptions of a person or group of things. The object of qualitative research covers all aspects or areas of human life, namely humans and everything that is influenced by them.

Qualitative research method, the type used in this research is descriptive qualitative. The research location is at MI Ma'arif NU 5 Sumbergede. The subjects of this research were 36 students consisting of class A and class B. In collecting data the author used observation, interviews, documentation and questionnaires as additional data in the research. This. In analyzing this data collection, researchers used data reduction, data presentation, and drawing conclusions.

RESULT AND DISCUSSION

1. Understanding Habituation

According to the third edition of the Big Indonesian Dictionary (KBBI), the meaning of the word habituation is adjustment (w.j.s. poerwadarminta. Jakarta: Balai Pustaka, 2006). Another meaning of habituation is *adaptation*. Habits start from ordinary words that have meaning *as usual or does not violate customs and is common*.

The word ordinary is very common and common among today's society, it is a normal thing to do or is inseparable from everyday life and has become a custom. So, habituation is anything that is done repeatedly to get individuals used to behaving, behaving and thinking correctly. In the process of getting used to it *core* experience, whereas what is used is something that is practiced.

Habituation (*habituation*) merupakan proses pendidikan. Habituation is a function of the number of repetitions of a stimulus. The exact number of repetitions required to produce a substantial reduction in response varies widely. (w.j.s. poerwadarminta. Jakarta: Balai Pustaka, 2006)

Habit is something that is deliberately done repeatedly so that something can become a habit. This habituation method is based on experience, because what gets used to is something that is practiced. (Moh Ahsanulhaq, 2019). According to Tafsir (2010:144:145). The Habituation Method is an activity carried out regularly and continuously to train children to have certain habits, which are generally related to the development of the child's personality such as emotions, discipline, character, independence, adjustment, living in society, and so on.

2. Understanding Duha Prayer

Dhuha prayer is a muakadah sunnah. Abu Hurairah r.a. he told me, "My love Rasulullah SAW bequeathed three things to me (which I will not leave until I die later), namely fasting three days in every month, two rakats of Dhuha and witr prayer before going to bed. (Ahsanulhaq, Moh 2, no. 1 (2019))

Duha sunnah prayers are sunnah prayers performed during dhuha, the name is taken from the time. Dhuha means the time in the morning before noon between 7 am and 11 pm. (Site Nor Hayati., 2017)

The dhuha prayer is one of the most primary prayers, especially since the dhuha prayer is a prayer related to happiness and abundant sustenance. Prayer is the most important act of worship that brings us closer to the creator Allah SWT. fulfill *Dhuha prayer* apart from being a form of obedience to God and His Messenger, also as a form of gratitude and piety to God because God is Almighty.

3. Character

Character comes from the Greek word character which is rooted in the diction "kharassein" which means to carve or carve (to inscribe to engrave), while in Latin

character means to distinguish signs. In Indonesian, character can be defined as mental/character traits. Character in the American Heritage Dictionary is a characteristic, trait, attribute, and distinctive ability possessed by an individual that differentiates him from other individuals. In the Indonesian Dictionary (KBBI) character means character, mental qualities, morals or manners that differentiate a person from others.

The term character in Islamic terminology is better known as morals. So that character is universal human behavioral values which include all human activities, both in relation to God, to himself, to fellow humans, and to the environment, which are manifested in thoughts, attitudes, feelings, words and actions based on norms. religious norms, law, etiquette, culture and customs.

Based on the definitions above, it can be interpreted that character is a person's characteristic behavior that differentiates him from other people. The meanings of character, disposition, personality and individual are often confused in their usage. This is because these terms have something in common, namely something original within the individual who tends to stay permanently.

1) *Various Characters*

Ministry of National Education (2011), 18 character values have been identified that need to be instilled in students originating from Religion, Pancasila, Culture and National Education Goals. The eighteen values are: 1) religious, 2) honest, 3) tolerance, 4) discipline, 5) hard work, 6) creative, 7) independent, 8) democratic, 9) curiosity, 10) national spirit, 11) love of the country, 12) respect for achievements, 13) friendly/communicative, 14) love of peace, 15) like to read, 16) care for the environment, 17) social care, 18) responsibility. (Heri Supranoto, 2015)

The eighteen character values described by Sari and Widiyanto, researchers only took the 5 that are found in the application of Dhuha prayer activities as follows. (1. Religious, 2. Honest. 3. Tolerance 4. Discipline 5. Responsibility)

2) *Factors That Influence Student Character Formation*

It is difficult for character education at school to be successful if it is difficult to build cooperation between students' educational environment, whether at home, at school or nearby, there will be no continuity and harmony. Because forming the character of a student or child is not as easy as giving advice or orders (Image Nurul Amalia¹, Oking Setia Priatna², Yono³, (2021)).

The following are several factors that can influence the formation of student character, including:

1. Education and Children
2. The influence of schooling during the middle years
3. Education during adolescence

Based on the results of these observations, there are problems faced in getting used to the Dhuha prayer *MI Ma'arif NU 05 Sumberged. About* The relationship between the Dhuha prayer in forming children's character as well as looking at the child's ability to memorize and how to carry out Dhuha prayer activities as improving the child's character.

1. **How To Practice The Duha Prayer**

The prayer procedure from year to year at MI Ma'arif Nu 5 Sumberged is the same, only focused on familiarization with verses, tahlil on Fridays,

reading yasin, ar rahman, al waqiah according to the existing schedule. Oh God, by adding that activity in between the Dhuha prayers, there are many children who have already memorized Surat Yasin, Al-Waqiah and Ar Rahman (Interview Mr. Sugiyanto, M.Pd. 2024)

According to the staff and madrasa teacher council who are the coordinators of the implementation of the Dhuha prayer habit. (Interview with Mr. Muamirus Zaka Zulmar S.Pd. 2024) If you are starting to train, there must be instructions in advance, but as the day goes by, you already know the obligation that 07.00 is the Dhuha prayer schedule, then The children, without being instructed, heard the bell ringing, and they immediately moved closer to the Abu Bakar mosque belonging to the cottage. Because the school mosque is located quite far from the school, having to pass through MA and MTS on foot, it will waste time for MI children, so they use the mosque around the madrasa. So most of those who came late did not go straight to class but immediately took part in the Duha prayer activities. This Dhuha prayer activity is mandatory for all students from grades 1-6 along with their teacher council. Even though sometimes the teacher council does not accompany the children to the mosque, they are obliged to perform Duha prayers because of instructions from the madrasah. (Interview with Mr. Muamirus Zaka Zulmar S.Pd. 2024)

Every day the children perform the Duha prayer towards the prayer location, at the mosque starting with alternating ablutions, from 07.00 WIB they continue reading Surah Yasin, Ar Rahman, Al-Waqiah, taking turns on alternate days. After reading the surah, then the dhuha prayer is 4 rak'ahs and the hajat prayer is 2 rak'ahs, so the total is 6 rak'ahs. After that, they carried out a short tahlil together, then prayed and closed by shaking hands between the teacher and students. (Interview with Mr. Muamirus Zaka Zulmar S.Pd. 2024)

Apart from praying the Dhuha prayer, children are also required to pray the fardhu Dhuhur prayer for children in grades 1-6 and if a relative from the school's board of teachers or students dies, the children are invited to pray the ghoib prayer while getting to know and learn the various sunnah prayers. teaches and practices that jinazah prayer does not involve bowing and prostrating. And at the madrasah there are also practical exams starting from whudu reading, prayer reading, qunut prayer, and aswaja exam. (Interview with Mr. Muamirus Zaka Zulmar S.Pd. 2024)

The problem with performing the Duha prayer is that children feel lazy. Even though they already know what they are doing during the morning Duha prayer, some of them may carry it out happily, some are forced to because they are still children, but not all of them do. feeling bored, there are also things that are the most fun, maybe playing around, hindering study time, (Interview with Mrs. Sugiyanti S.Pd.I, 2024)

The most visible problem is when after the holidays the children have to train from the start again because sometimes they leave late as a result of the long holiday so they feel lazy, wake up late, parents are not diligent, but over time they will get used to it again. (Interview with Mr Sugiyanto, M.Pd. 2024)

The inhibiting factor in performing Duha prayers may be more of a struggle when you are wiritan and still can't focus because you play so much. But they are also called children, even though they fight, their brains will

definitely record the activity. Interview with Mr. Muamirus Zaka Zulmar S.Pd. 2024)

And the response was very positive from the guardians, they were very happy that the child could pray and at school he was trained to pray Dhuha or practice prayer because many of them realized that it was difficult for them to teach prayer at home for several reasons: (Interview with Mr. Ahmad Riyadi S.Pd. I, 2024)

- 1). children who sometimes do not want to be taught by their parents
- 2). his parents who are busy working and not flaten
- 3). The child will be lazy if he has to study alone
- 4). The elderly may also not memorize the reading
- 5). The family has not yet performed prayers

And if at school the movements and memorization are quick to memorize because you can learn together with your friends and it will also be more exciting because even if you just follow along. (Interview bpk ahmad riyadi S.Pd.I, 2024)

2. The Impact Of The Habit Of Dhuha Prayers In Forming Character

The term character in Islamic terminology is better known as morals. So, getting into the disciplined habit of carrying out Duha prayers to form good moral character starts from the beginning of childhood. The formation of a child's character must start from an early age. The aim of character building from an early age is to shape a child's good personality so that when they are adults, they will become good individuals with noble character who can provide benefits to fellow humans and their environment.

In carrying out the dhuha prayer at Mi Ma'arif Nu 5 Sumbergede, it has a very positive impact in increasing children's intelligence and discipline, namely

1) Istiqomah

Etymologically, Istiqomah comes from the word istaqomah yastaqimuh which means firm and straight. In the Big Indonesian Dictionary, istiqomah is defined as a firm attitude of determination that is always consistent. In moral terminology, istiqomah is a firm attitude in performing the Duha prayer,

Teaching students to do good things over and over again so that a sense of responsibility is formed in them, a sense of obligation that they can carry out every day even when they are not at school.

2) Be patient

Through the practice of Duha prayer, it can increase the sense of patience in each student, which proves that they are able to wait for their friends to get ready and patiently wait their turn when memorizing and reciting the Koran and they are more patient when waiting for their turn to play.

3) Independent

By getting used to the Dhuha prayer, you can improve your independent attitude. With this Dhuha prayer habituation program, students will get used to praying and do it regularly so that it can create an independent attitude in each student.

4) Honest

By getting used to the Duha prayer, one can increase the value of honesty. The value of honesty here can be seen when one wants to participate in the prayer practice or not, whether one plays prayer or not. . Even though there are some children who imitate, the majority of students have developed the value of honesty during tests and when they are in the canteen they also emphasize the value of honesty. To measure honesty, this school has also distributed questionnaires during certain subjects to assess their friends who are in the same seat as themselves and must be filled in honestly by each student.

5) memorize

The memorization method is explained in the Al-Quran, Surah Al-A'la verses 6-7, which means: "We will recite (the Al-Quran) to you (Muhammad) so you will not forget unless Allah wills. From the verse above, it is clear that it is important to repeat memorized verses of the Koran, thus the memorization method aims to strengthen memories that can be repeated (Abdurrohmana and Mustajibb, 2020). The advantages of the memorization method are:

1. Develop students' interest in reading and be more active in studying.
2. The knowledge acquired by students will not be easily lost because it has been memorized

Memorizing is the same as giving that sign to our brain. Consequently, if we stop the process, the marks will slowly disappear. we will forget. Children learn a lot from memorizing. they can memorize quickly. Our real job is not to stuff them with rote memorization, while their memories are still fresh.

Our task is just the opposite, to use that time to create as much space for the foundation of understanding as possible, so that it is easier for them to absorb information at the next stage, based on understanding.

By getting into the habit of praying the duha prayer repeatedly, the children have become very good at memorizing it, especially memorizing the prayer readings, and as in Mi Ma'arif Nu 5 Sumbergede, after the duha prayer they sit and chat while memorizing short letters and memorizing the prayers. prayer while giving advice on how to use the time after duha prayer, the brain becomes calmer to learn.

6) Discipline

Discipline has the basic word discipline which means rules of conduct, obedience (compliance) to regulations, from this definition it can be said that discipline is a form of action that complies with regulations, both inside school and outside school, if people have acted in accordance with the rules. then he has carried out discipline.

According to Soetjipto and Raflis Kosasi, discipline is a situation where students' attitudes, appearance and behavior are in accordance with the values, norms and regulations that apply at school or wherever they are. (Soerijipto and Raflis Kosasi, 1999),

According to Soegeng Prijodarminto, in his book he says that discipline is a condition that is created and formed through the process

of a series of behaviors that show the values of obedience, submission, loyalty, regularity and order.

Students have become more aware of their study schedule and have started leaving early since they have started praying Duha prayer regularly. When the students come in the morning, the place they immediately go to is the mosque. To practice the Duha prayer, most of them don't look for games around the school, but rather they are more enthusiastic about going to the mosque. (Interview with Mrs. Sugiyanti S.Pd.I, 2024)

Some of the positive impacts of the Duha prayer activities in this madrasa are:

1. Become an inspiration

One of the positive impacts of getting used to Duha prayer is that it has become an inspiration for several other schools, becoming a benchmark for other schools to implement the Duha prayer habit before learning activities begin, some at the same level or different levels, as in Maarif Al Kindergarten. -Hidayah Giriklopomulyo Inspired by the MI Ma'arif NU 05 Sumbergede school regarding the habit of Duha prayer. (Interview with Mrs. Eti Yuniarsih, S.Pd.I, 2024)

The principal of Kindergarten Ma'arif Al-Hidayah saw that there were positive activities at the MI Ma'arif NU 05 Sumbergede school regarding the duha prayer routine that MI children perform every morning. He was inspired to implement this routine for kindergarten children's activities every morning to make them better. It turns out that the duha prayer is quite helpful in the motor and character development of kindergarten children, which can change the child's habits and memorization little by little during the 1 academic year of kindergarten. His progress is very good in prayer movements and memorization. (Interview with Mrs. Eti Yuniarsih, S.Pd.I, 2024)

The application of the Duha prayer at Ma'arif Al-Hidayah Kindergarten is carried out in the mosque around the school, with the application of prayer, 2 methods, namely the congregational method to teach children to be humble in worship and the practical method to train children to read prayer readings while performing the prayer service. At the same time, you can quickly memorize prayer readings while training your child's ability to memorize. The influence of prayer, especially the Dhuha Prayer which is performed regularly, brings extraordinary changes in children's character development and memorization. (Interview with Mrs. Eti Yuniarsih, S.Pd.I, 2024)

taking the story from the educator in it where he, as a Maple Islamic religious education teacher, wants students to be able to memorize the prayer readings from start to finish, but sometimes making them able to focus is an ineffective way to get children to be able to listen and follow the existing readings. and giving the obligation to memorize by force is impossible for early childhood (PAUD), therefore educators finally decided to make the duha prayer activity a daily routine at school.

After the Duha prayer continued at the Ma'arif Al-Hidayah Kindergarten, it turned out that many of my fellow kindergarten teachers applied it to teach their kindergarten children at school so that

they could get used to the Duha prayer and make it an extracurricular at school. Very positive for inspiring other schools to become the best pioneers.

"Thanks to the duha prayer routine, I and the other teachers were able to incorporate some memorization into a routine, namely praise (names of the prophet, good qualities of Allah, bad qualities of Allah, sholawat badar, sholawat nariyah, etc.), memorizing prayer readings, the call to prayer and iqomah, the qunut prayer, the practice of ablution as well as prayer and intention, teaching dhikr, asmaul husna, short surahs and memorizing short prayers." (Interview with Mrs. Eti Yuniarsih, S.Pd.I, 2024)

2. Seeing children's ability to memorize prayer readings and prayer movements

Being forced to get used to it for a long time is the way this madrasah makes activities that are quite difficult for everyone in general to perform the Duha prayer at home, so the ability to memorize is the main target of this madrasah in order to provide knowledge as well as practice. (Interview with Mr Sugiyanto, M.Pd. 2024)

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Our task is just the opposite, to use that time to create as much space as possible for the foundation of understanding, so that it is easier for them to absorb information at the next stage, based on understanding. (Interview with Mrs. Eti Yuniarsih, S.Pd.I, 2024)

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The impact of performing Duha prayers on the spiritual intelligence of students for class IV Mi Ma'arif Nu 5 Sumbergede istiqomah, namely, when performing Duha prayers, always be active and enthusiastic about entering the mosque, trustworthy, namely when given responsibility when carrying out tasks at home, always carry them out with a sense of happiness and honesty. namely not lying to your parents when asking for money, always asking for permission.

Apart from that, the impact of the routine implementation of Duha prayers is a powerful memorization method for quickly memorizing prayer readings and prayer intentions. Apart from that, it trains children's concentration and sense of responsibility when practicing prayer, teaches them discipline to be punctual in going to school and doing their assignments.

3. Be compared to other schools

Comparison of local children whose schools only have Duha prayers with children whose schools never have Duha prayer routines.

Next, my interview continued with one of the religious figures in the area who strengthened my research thesis regarding getting used to Duha prayer activities. According to him, this activity is very useful, especially in terms of comparing children of the same age but different in terms of memorizing prayer readings. because at the Quran recitation center where he teaches children whose school there is a routine of Duha prayer with children who never do it enough, it looks different from their focus and memorization. (interview with Mr. Muhammad Asnawi, 2024)

and according to the class VI homeroom teacher, the positive impact clearly comes from the personal character and ease of the teachers in teaching. As for the negative impact, every activity must have a negative impact, which is: (Interview with Mr Ahmad Riyadi S.Pd.I, 2024)

- 1) for children who are less responsible, they end up leaving later in the day so they don't attend the dhuhah prayer,
- 2) become a place to play because they know that the teacher is not really supervising,
- 3) becomes a place to chat because many friends from the same school become One
- 4) Parents who don't understand the importance of Duha prayer don't attach importance to it, making them more relaxed about taking their children because they don't go straight to class.

3. Priority Of Both Prayers

As we know, Duha prayer is a practice that was highly emphasized by the Prophet Muhammad. He wants us to try our best to maintain this practice, so that we can achieve its virtues, all for the sake of happiness both in this world and in the afterlife. (Siti Nor Hayati, 2017) such as getting a noble rank, being classified as an obedient servant, getting a reward equal to the Umrah pilgrimage, having his sins forgiven, such as winning a war quickly, having an efficacious time, fulfilling the call of Allah SWT, getting a place in heaven, having his sins erased. (Siti Nor Hayati, 2017)

The procedure for performing the Duha prayer during the Duha prayer is from the sunrise at half time (around 7 am) until the sun sets (it will enter the midday prayer time). or the most important thing is that the Dhuha prayer is done in the middle of the day around 9 in the morning. The number of rak'ahs in the Dhuha prayer is:

- a) Sayid Sabiq, a fiqh expert from Egypt, concluded that the minimum limit for Duha prayer is two rak'ahs, while the maximum limit is 8 rak'ahs.
- b) For Hanafi Madzhab scholars, the maximum number of rak'ahs for the Dhuha prayer is 16 rak'ahs.
- c) Abu Ja'far Muhammad Bin Jarir Aththabarih stated that some Ulama of the Syafi'i Madzhab and Ibnu Qoyyim Al-Jauziyah are of the opinion that there is no maximum limit for the number of rak'ahs for the Dhuha prayer, it all depends on the ability and ability of the person who wants to do it. (Siti Nor Hayati, 2017)

4. Benefits Of Duha Prayer

Duha prayer is believed to enlighten the souls of Muslims, so it would be better if it was instilled in our children from an early age. According to the chairman of the Qardhan Hasanah H. Qazali Foundation, his own students up to high school at this school are getting used to praying dhuha in congregation. The aim of asking questions is to increase noble morals (akhlakul karimah) in children. (Interview with Mrs. Sugiyanti S.Pd.I, 2024)

In M.Khalilurrahman Al-Mahfani's book entitled the blessing of Duha prayer, the benefits obtained by performing Duha prayer are explained based on the experiences of people who do it, including: (Siti Nor Hayati, 2017)

1. the heart becomes calm.
2. the mind becomes more concentrated.
3. physical health is maintained.
4. convenience in business.
5. obtain unexpected fortune.

CONCLUSION

Based on the researcher's analysis in the discussion above regarding the habit of Duha prayer for students MI Ma'arif NU 05 sumbergede By carrying out dhuha prayers at school which are attended by all students and teachers which are carried out in congregation, with the sequence of ablution first, prayer (praise), reciting the qs. Al Rahman, Al Waqiah, Yasin, with scheduled alternating classes and letters then continued with 4 rak'ahs of Duha prayer, 2 Hajat prayers, closed by praying Duha prayer and together at night. The way to do it is sometimes out loud, sometimes together, depending on the schedule and when the family is large MI Ma'arif NU 05

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- Personal Interview with Mrs. Eti Yuniarsih, S.Pd.I, principal of Kindergarten Ma'arif Al-Hidayah Lam-Tim, March 29 2024, 09:06 WIB
- Personal Interview with Mr. Muhammad Asnawi, a religious figure at the Madrasah Team, March 30 2024, 11:06 WIB
- Personal Interview with Mr Ahmad Riyadi S.Pd.I Homeroom teacher of class IV B MI Ma'arif NU 05 Sumbergede Lam-Tim, March 6 2024, 10:16 WIB
- Personal Interview with Mrs. Sugiyanti S.Pd.I Homeroom teacher of class IV A MI Ma'arif NU 05 Sumbergede Lam-Tim, March 6 2024, 11:16 WIB
- Personal Interview with Mr. Muamirus Zaka Zulmar S.Pd. MI Ma'arif NU teacher & staff board 05 Sumbergede Lam-Tim, March 7 2024, 10:00 WIB
- Personal Interview in class with children in class VI A & B MI Ma'arif NU 05 Sumbergede Lam-Tim, March 7 2024, 10:00 WIB
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