



## The Family Resilience in Preventing Domestic Violence Cases

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### ABSTRACT

Marriage is a contract, namely a handover between the guardian of a female candidate and a male candidate, this handover and acceptance is a form of responsibility for one goal. Early marriage is a marriage carried out by couples who are considered teenagers, namely those under 19 years of age. It will be difficult for women to report incidents of domestic violence that happen to them for several reasons, personal, family, and even cultural reasons surrounding the victim of domestic violence. Therefore, maintaining family integrity can avoid factors that cause divorce, one of which is domestic violence. The researchers used qualitative research methods with library methods and data collection techniques using secondary source data to help strengthen this research. Therefore, how can families maintain family ties to build a *sakinah mawaddah warahmah* family, and then also look for solutions and solutions to solve domestic violence problems so that undesirable things do not happen. This research helps to determine how families can build family resilience and provide solutions, and also helps families to avoid factors that cause divorce in the family.

**Keywords:** *Marriage, Family Security, Domestic Violence*

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## INTRODUCTION

Marriage is a necessity for someone who is entering the adult stage to move towards a new life process for husband and wife couples as in Law No. 1 1974. Marriage is a spiritual and physical bond for men and women who have the status of husband and wife, the aim of which is to form a *sakinah, mawaddah* and *warahmah* family. 1 1974 article 1, there is a need for mutual assistance between husband and wife, so that within the household they can develop their personalities to achieve mental and financial prosperity. By getting married, the door to blessings and glory from Allah SWT is opened. (Anwar and Tulab 2023)

Family resilience is a condition related to the family's resources and economy to meet basic needs, including clean water, food, educational opportunities, housing, and social integration. This household resilience has an important influence on people living healthy and productive lives. (Zulaichah and Nizar 2023) Early marriage is vulnerable to domestic violence, there are 44% of women who experience high frequency domestic violence and 56% experience low frequency domestic violence. From the data above, it is taken because of the unpreparedness of young couples in facing the household, so because of this factor, household resilience can be disrupted. Young marriages can occur due to social pressure, the wishes of the partner, religion, and can occur due to arranged marriages. The impacts, for example, from a physical, psychological and social perspective, are felt by young couples who enter into early

marriage because they do not have the knowledge to start a household. (APRILIANI and NURWATI 2020)

As for family problems, domestic violence cases are the most dominant in divorce cases and cases that are developing to this day. Quoted from Kompas media published on September 28 2021, it stated that the National Commission on Violence Against Women recorded 544,452 cases of domestic violence, this data was taken from 2004-2021. The chairman of the National Commission on Violence Against Women said that the cases recorded included violence against wives and violence against girls. Meanwhile, in the last five years, 36,367 cases of domestic violence occurred. (Elindawati 2021)

The form of family resilience from family values and functions is grouped into several parts: physical resilience, namely economic skills in the household in obtaining economic resources to meet the needs of clothing, food, shelter and educational and health needs of family members. Social resilience, the family's ability to apply religious values and norms, commitment and communication between families to overcome existing problems due to family threats and psychological resilience, namely the couple's ability to face household problems and be able to control emotions when facing existing problems. (Muntamah and Suryanto 2023)

## METHOD

This research uses a library research approach, with data collection methods by studying and exploring theory and practice through scientific journal literature and research results related to this research. As for the cases that occurred within the household, this influenced researchers to discuss issues related to problems in the household to maintain resilience in the family.

Mendes, Wohin, Felizardo, and Kalinowski stated that the research process in the form of literature was carried out by reviewing literature and analyzing a relevant topic. Utilize several sources in the form of journals, books, documents and other sources without conducting research in the field. The technique for collecting data is also from secondary data which is taken indirectly by examining an object of discussion in question.

## RESULTS AND DISCUSSIONS

### 1. *Wedding*

Marriage is a contract, namely a handover between the guardian of a female candidate and a male candidate, this handover and acceptance is a form of responsibility for one goal. Marriage is a new beginning in the life of two people who first live alone and then live together. Marriage can give birth to a new generation and continue the previous generation. According to the opinion of the ulama, marriage is an act that produces a field of reward, marriage is a sunnah of the Prophet. As in Surah Yasin:

Meaning: Glory be to Allah who has created creatures in pairs, both from what the earth collides with and from themselves, as well as from what they do not know. (Q.S. Yasin:36)

Early marriage is a marriage carried out by couples who are considered teenagers, namely those under 19 years of age. Women who marry at an early age have a higher risk if the woman has children. According to Eka Kapalistya and Edward, what causes early marriage is because the couple already feels in love, encouragement

from the family, and low education due to unfavorable economic conditions. (Adam 2020b)

Marriage is a phase where people have to be more mature than the phase before marriage. Maturity in question is a person's mental and psychological readiness. Maturity that is usually heard of is old age. The case of early marriage is of concern to many ordinary people because this case can give rise to undesirable factors, namely physical, social and psychological impacts. (Maslul 2021)

Sarowmo's view regarding early marriage is that there are several factors that cause early marriage, namely education during adolescence and parents. In this case a person faces a complex problem and makes a decision on a problem including maturity in terms of thought, this is why the level of education a person has taken is important. There are some people who have low education and knowledge about children can lead to early marriage.

In terms of building family harmony for the sake of family resilience, it is very difficult to need cooperation between partners to build family resilience. Having three ability factors to build family resilience: First, physical resilience. Second, economic resilience and third, social resilience and psychological resilience.

Apart from psychological impacts, early marriage also has physical and social impacts. This impact is caused by a lack of preparation to face the challenges of marriage at a young age. Marriage at an early age also of course has an impact on lowering the quality of the family, both in terms of spiritual and physical needs in matters at home. The risk of not being mentally ready to solve problems and guide and develop a family is the responsibility of both parties. The factor that most influences early marriage is the basis of one's own will because they love each other. (Adam 2020a)

If the prospective bride and groom fail to take action to strengthen family resilience, various kinds of problems will arise. Furthermore, problems such as family resilience problems with the main indicators being divorce, domestic violence (KDRT), irregular household management which leads to the emergence of family economic problems, and uncontrolled education in the family. This is still often seen today.

## **2. Household Resilience**

Domestic Violence is an action committed by a man against a woman, which causes misery or suffering to a woman. Domestic Violence is an action carried out by a man against a woman, which causes misery or suffering to a woman physically, sexually, psychologically, domestic neglect including threats to commit unlawful acts in the domestic environment. The rate of domestic violence is increasing every year and this is a sign that domestic violence cases are not an easy matter, so that victims of domestic violence have rights that they must fight for, namely the right to live a safer and better life.

Marriage should be a comfortable place for husband and wife, but instead it is a place that frightens some women. It will be difficult for women to report incidents of domestic violence that happen to them for several reasons, personal, family, and even cultural reasons surrounding the victim of domestic violence.

Factors causing domestic violence perpetrated by a husband against his wife are: First, unequal power between husband and wife. Patriarchal culture means that the husband feels he has higher power than the wife. Second, economic dependence in this case makes the wife economically empowered, so that domestic violence makes the wife survive in this condition, her position is at home and the husband works. Third, violence is an action to resolve conflict, in this case the aim is for the wife to

fulfill her hopes without putting up resistance because of her helplessness. Fourth, competition and the nature of not wanting to lose between husband and wife occurs because inequality between partners, in terms of fulfilling each other's desires in terms of education, relationships, economic control, work environment and society conditions can give rise to competition which can lead to domestic violence. (Fatha Pringgar and Sujatmiko 2020)

Shifts in social and cultural values within families often create gaps in understanding between the older and younger generations. The older generation tends to maintain traditional values which they consider to be a guide to life, while the younger generation is more open to global cultural influences that offer new ways of seeing. These differences can trigger conflicts in decision making, parenting patterns and lifestyle within the family. Therefore, good communication and mutual respect between family members is needed so that these differences do not become a source of division, but instead become an opportunity to strengthen family resilience by combining the positive values of tradition and modernity. (Rosyad, 2023)

### 3. Family Resilience

Family resilience is a condition that has perseverance and strength that contains physical, material and spiritual mental states in order to live independently and develop oneself and one's family in order to live in peace and improve the welfare of the couple both physically and mentally (UU No. 10 of 1992). The destruction of family resilience can occur due to divorce, divorce occurs because of several factors, one of which is domestic violence, therefore maintaining family integrity can avoid the factors that cause divorce, one of which is domestic violence. The evaluation material looks for solutions, namely in the form of prevention and improvement in the household. Mental resilience to solve problems in the family, controlling emotions to think positively, in this case usually sees concern between husband and wife. Because of this, another opinion states that the problem of early marriage is one of the causal factors that can disrupt family resilience due to incidents of domestic violence. (Mustaqim, Tamam, and Rahman 2021)

The concept of a *sakinah* family according to Said Agil Husni Al-Munawar relies on several main conditions that must be fulfilled in order to create a harmonious family life. One of the main requirements is the existence of *Mahabbah*, *Mawaddah*, and *Rahmah*, namely sincere love, deep affection, and compassion between family members. Apart from that, husband and wife must have a sense of mutual need to create a balanced and complementary relationship. Family harmony is also determined by how to get along well between partners, where they must always pay attention to values **ma'ruf**, namely the value of goodness which is not only based on rights and truth, but also wisdom in building a household. By applying these principles, husband and wife relationships can run harmoniously and be strong in facing various life challenges.

Apart from that, the establishment of a *sakinah* family is also supported by five main pillars in each individual, namely having a tendency towards religion as a guide to life, respect for older people and affection for younger people, simplicity in managing finances, politeness in social interactions, and the habit of always doing self-introspection. Apart from internal factors, relationships with other family members also determine family resilience, such as loyalty between partners, children who are filial to their parents, and a healthy and harmonious environment. The factor of easy sustenance and blessings is also a sign of blessings in a *sakinah* household. By applying these principles, the family will not only become a comfortable shelter but

also become a strong foundation for a better and more prosperous society. (Rifai & Rahmah Susilawati, 2023)

Family resilience is the family's ability to protect itself from problems and threats that threaten the integrity of the family. From the concept of building family resilience, there are 3 factors to maintain family resilience, namely physical-economic resilience, social resilience and psychological resilience. And it can also be seen that there are 5 indications that illustrate the level of family resilience, including: First, there is an attitude of caring for each other, Second, there is intense communication between husband and wife for the sake of a good quality marriage, Third, there are parents who train their children to be creative and hone their children's skills, Fourth, there is an attitude to lead all family members with love, Fifth, there is an attitude of children who respect and respect their parents. (Cahyaningtyas, A., Tenrisana, A. A., & Triana 2023)

Family resilience is a procedure for maintaining household life according to Islamic law from liberalization and secular values which can damage the value of family existence in practicing Islamic values. A Muslim family is obliged to strengthen the resilience of their respective families. The rights and obligations of husband and wife when expressing an opinion, if they have entered into a legal marriage, the consequences that must be carried out by husband and wife are to fulfill their rights and obligations. The husband's rights are obligations for the wife, whereas the husband's obligations are rights for the wife. (Anwar and Tulab 2023)

In the Al-Quran's view, the purpose of family ties is to create a family that is *sakinah*, *mawaddah*, and *rahmah* between husband, wife, and children. This is confirmed in QS. Ar-Rum: 21. Meaning: And among His signs (greatness) is that He creates mates for you from your own kind, so that you may be inclined and feel at ease with them, and He creates between you a sense of love and affection. Really, in such a thing there are really signs (of God's greatness) for people who think.

According to Quraish Shihab, the word *sakinah* in the verse above contains several letters, namely *sin*, *kaf* and *nun*. Which means "tranquility". In linguists this word is used to illustrate a sense of calm or serenity before a problem occurs. The meaning of the word *mawaddah* according to Quraish Shihab contains the meaning of love +. The word *mawaddah* is also similar to the word *mercy*, but *grace* is offered to people who are blessed in a situation of need and weakness. Even though the word *mawaddah* is focused on a strong state.

In Q.S. Al-Rum:21 Allah explains that he has explained the provisions of the way of life for husbands and wives to achieve a happy life, peace of mind and harmony of life in running the household, if all these things have not been achieved, they should introspect themselves on the mistakes they have made, then they decide on a way, namely to make peace and fulfill these deficiencies in accordance with the provisions of Allah SWT to achieve the desired goals of a household, namely peace, mutual love and compassion. (Ismatulloh 2015)

An Islamic legal perspective on the problems and solutions of mango houses to maintain family resilience. Islam is a foundation for a mindset that moves and provides solutions to anyone in solving various problems that arise due to what is done or done, and especially includes family problems. basic understanding of Islam as the only solution to all problems. As in the Koran surah Al-Baqarah verse 216 says:

Tests in a family can come in many ways, limitations and economic downturns within a family bond. The nature of *qanaah*, namely accepting what is given in all forms or being grateful, is something that is very necessary. This can create a way of happiness in a family bond. so as not to cause detrimental things in a family to become

a cause of quarrels and divorce. A conflict or problem in the family is also part of a household test, so that the conflict or problem does not become bigger and can even cause harm to a family. so it is necessary for a family to be able to avoid the problems of arguments that occur in the household and domestic violence (KDRT). In creating a healthy relationship, several things that must be considered are: First, there is mutual respect between partners and partners feel more appreciated by each other. Second, trust in your partner. Third, good communication between husband and wife. Fourth, cooperation in doing housework here is not only the wife who does the housework but the husband can also help. Togetherness, in this case, working together to create a family that is *sakinah*, *mawaddah* and *warahmah* in forming a family resilience. (Nita 2022)

## CONCLUSION

In short, marriage is a phase of maturity which is interpreted as a person's mental and psychological readiness. However, in many cases, especially cases of early marriage, many ordinary people are concerned because this case can give rise to undesirable factors, namely physical, social and psychological impacts if it does not go hand in hand with maturation as referred to above. This suggestive thing can even create a frightening situation for some women. Because it is difficult for women to report incidents of domestic violence that happen to them for several reasons, personal, family, and even cultural reasons surrounding the victim of domestic violence. So that a conflict or problem does not become bigger and can even cause harm to a family. so it is necessary for a family to be able to avoid the problems of arguments that occur in the household and domestic violence (KDRT). In creating a healthy and *sakinah* family, there are several things that must be considered, namely: First, there is mutual respect between partners and partners feel more appreciated by each other. Second, trust in your partner. Third, good communication between husband and wife. Fourth, cooperation in doing housework here is not only the wife who does the housework but the husband can also help. Togetherness, in this case, working together to create a family that is *sakinah*, *mawaddah* and *warahmah* in forming a family resilience

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